



SPECTRUM WEBSITE – EASY TEXT

Spectrum has helped people with autism, Asperger's syndrome and similar conditions for a long time. We know a lot about making life better for people with autism who may have difficult behaviours.

We want people to be themselves and to make their own choices about how they live and what they do.

Spectrum has homes where people who need our support can live. We make sure that each person gets the support they need. People who live in our homes take part in running them and making decisions about what to do.

Some of our houses are for children with autism. We talk to and work with children's families as much as possible.

Spectrum can also help people who live with their families or in their own homes or flats.

Three Bridges is our school where young people who are aged between 11 and 18 go. We support young people to enjoy learning and to learn many useful things.

When a child becomes an adult we are very good at helping them get used to the changes.

We support each person to do as much as possible for themselves such as shopping, going to college and helping with housework.

Whatever sort of care Spectrum provides, the Government makes sure that Spectrum does it properly.

Spectrum has some experts who are very good at finding out why people do things which may be harmful. A person can then be helped to change their behaviour. This can make them feel much happier.

If you know someone who might want to live with us, we will need to speak with the person's social worker or a care manager who can call us on 01326 371000.